

Gene Fodor Annual Spring Clinic

ATJA Judo/Jujutsu Clinic



Saturday
April 20, 2024
9:00 AM to 5:00 PM



Location:	Palmetto Jujitsu Academy & Healing Arts Center 372 Riverchase Way Lexington SC 29072
Description:	This is a Jujutsu clinic sponsored and sanctioned by the American Traditional Jujutsu Association. Included are methods of attack and defense, use of weapons, chokes/strangles, grappling, Judo and more.
Instructors:	Prof. Tom Reiff (8D), Prof. Tom Ryan (9D), and others.
Fee:	\$30 per Adult, \$20 for Juniors, \$60 Family (3+) Cap Non-members must show proof of insurance and be a member of one of the following AJJF, ATJA, and USA Judo. Annual membership will be available for either ATJA or AJJF.
Dress:	Gi is recommended. Otherwise, loose fitting clothing appropriate for exercising (running suits, sweats, etc.) is recommended.
Format:	Multiple mat areas and outside areas available (weather permitting). Class length 80 minutes (10 minutes between classes) Lunch break 12:00-1:00 From 2:00 - 3:00 PM, there will be Throw-a-thon for the Leukemia and Lymphoma Society. From 3:00 - 5:00PM, there will be a Judo Shiai for Juniors ATJA and AJJF exams will be offered. If you want to test, contact Prof. Ryan
Directions	In Columbia, take I-20 W toward Augusta. Take exit 61 to merge onto US-378 W/Sunset Blvd toward Lexington. Turn right onto Corley Mill Rd/State Rd S-32-68 (456 ft). Take the 1st right onto Riverchase Way. Go 1.5 mi on Riverchase Way. Destination will be on the right.
Insurance	Proof of organizational insurance is required. Temp AJJF forms will be on sight.

For more information contact
Tom Ryan (pjadzr@gmail.com)

THROW-A-THON!

Saturday, February 25, 2023

2 -3 PM

All proceeds to benefit the Leukemia and Lymphoma Society. Help support those in need.

Funds will go toward research in finding a cure for these diseases. This event will be held at the Gene Fodor Spring Clinic. Participation in this competition will help with promotion points.

We are doing this in remembrance of Christian Burkhardt and a worthy cause.

I will do 100 THROWS OR FALLS in 1 hours for the Leukemia and Lymphoma Society

PARTICIPANT'S NAME: _____

Name: _____ I pledge _____ per throw and/or fall. Amount due: _____

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Just think, if you can get \$0.10 a throw or fall, you will generate \$10.00 a signed-up sponsor. That would be an incredible way to show support for the Leukemia and Lymphoma Society as we remember Christian Burkhardt.

Every little bit will help. So let's give it our best try.

Prof. Ryan and Sensei Aubrey Fitzloff