

2019 ATJA Spring Clinic



**Saturday
May 4, 2019
9:00 AM TO 5:00 PM**



Location:	Palmetto Jujitsu Academy & Healing Arts Center 372 Riverchase Way Lexington SC 29072
Description:	This is a Jujutsu clinic sponsored and sanctioned by the American Traditional Jujutsu Association and the American Judo and Jujitsu Federation. Included are methods of attack and defense, use of weapons, chokes/strangles, grappling, Judo and more.
Instructors:	Professor Tom Ryan (8D) AJJF/ATJA Jujutsu/Judo - Master Examiner Sensei Tom Reiff (8D) AJJF/ATJA Jujutsu/Judo - Master Examiner Sensei Aaron Blackwell (6D) ATJA Jujutsu, 5D Aikido Special Guests
Fee/Insurance:	\$30 per Adult, \$20 for Juniors, \$60 Family (3+) Cap Non-members must show proof of insurance and be a member of one of the following AJJF, ATJA, and USA Judo. Annual membership will be available for either ATJA or AJJF. Temporary AJJF forms will be available on site.
Dress:	Gi is recommended. Otherwise, loose fitting clothing appropriate for exercising (running suits, sweats, etc.) is recommended.
Format:	Multiple mat areas and outside areas available (weather permitting). Class length 80 minutes (10 minutes between classes) Lunch break 12:00-1:00 From 1:00 - 3:00PM, there will be a Judo Shiai (Matches)
Directions	In Columbia, take I-20 W toward Augusta. Take exit 61 to merge onto US-378 W/Sunset Blvd toward Lexington. Turn right onto Corley Mill Rd/State Rd S-32-68 (456 ft). Take the 1st right onto Riverchase Way. Go 1.5 mi on Riverchase Way. Destination will be on the right.

FOR MORE INFORMATION CONTACT

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